



SCIENTIFIC PROGRAM

PRE-CONFERENCE WORKSHOPS

Saturday, 11th Oct

Workshops on Obesity
(Karachi, Lahore, Peshawar, Islamabad)

For Further Updates, Visit our Facebook Page: **endosocietyofpakistanofficial**

Sunday, 12th Oct

Workshops on "SERENDIP-Hyperglycemia in pregnancy"
(Hyderabad, Quetta, Multan, Abbottabad)

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Thursday, 16th Oct 09:00 am - 7:30 pm

Course Director: Dr Zareen Kiran (Pak) Co-Director: Dr Fatima Zahra (Pak)

**Endocrine Board Review (EBR)
for Endocrine Fellows-in-training**

Supported by: PharmEvo

Thursday, 16 Oct 09:00 am - 04:30 pm

Faculty from Pakistan Endocrine Society and Weill Cornell Medicine, Qatar
Course Directors: Prof. Rayaz A. Malik (Qatar), Dr M. Hamed Farooqi (U.A.E.), Dr S. Abbas Raza (Pak)

**International Diabetes Excellence Academy Conference
IDEA 2025**

Supported by: Highnoon

Friday, 17th Oct 9:00 am - 10:30 am

Moderator: Dr Abrar Ali Director: Prof. Qamar Masood Co-Director: Dr Uzair Abdul Rauf
Panelists: Prof. Najmul Islam, Prof. Maseeh Uz Zaman, Dr Saira Fatima, Dr Shabir Akhtar, Dr Wasim Memon

**"From Clinic to Conference Room:
Thyroid Cancer Through the MDT Lens"**

Friday, 17th Oct 11:00 am - 12:30 pm

Moderator: Dr Fatima Zahra Director: Prof. Najmul Islam Co-Director: Dr Urooj Lal Rehman
Panelists: Prof. Shahzad Shamim, Prof. Tasneem Ahsan, Dr Kamran Saeed, Dr Anwar Ahmed,
Dr. Abbas Raza, Dr. Nanik Ram, Dr. Aisha Sheikh

**"Multidisciplinary Management of Pituitary Adenoma:
From Imaging to Intervention"**

Friday, 17th Oct 9:30 - 11:30 am

Workshop Director: Prof. Rukshanda Jabeen Venue: JPMC, Karachi

**Diabetes Awareness Workshop
for Allied Healthcare Professionals**

Supported by: Getz

Friday, 17th Oct 3:00 - 5:30 pm

Moderator: Dr Sarfraz Khan (Pak) Facilitators: Prof. Qamar Masood (Pak), Dr Ahmed Iqbal (UK)

Workshop on "Diabetes Technology"

Supported by: Abbott, Medtronic, Sinocare

Friday, 17th Oct 3:00 - 5:30 pm

Moderator: Dr Faheem Ullah (Pak)
Facilitators: Dr Richard Quinton (UK), Dr Faisal Qureshi (Pak), Dr Saba Hafeez (Pak)

Workshop on "Hypogonadism"

Supported by: Hilton

Friday, 17th Oct 3:00 - 5:30 pm

Facilitator: Dr. M. Ahsan Naseer (Pak)

Workshop on "AI (Artificial Intelligence) in Research"

Supported by: PharmEvo

CONTACT US

pakendosociety.org

[endosocietyofpakistanofficial](https://www.facebook.com/endosocietyofpakistanofficial)

admin@pakendosociety.org

pescon2025@gmail.com

+92 300 4856744

EVENT MANAGEMENT BY





CONFERENCE DAY 1 | 17TH OCT

INDUSTRY SYMPOSIUM (NOVONORDISK) | 6:00 - 6:45 PM

Chairs: Prof. Tasnim Ahsan (Pak), Dr Arshad Hussain (Pak), Dr Asma Ahmed (Pak)
Moderator: Dr Asim Munir Alvi (Pak)

6:05 - 6:35 pm	Transforming Obesity Management & Redefining the CKM Spectrum - Dr Tarek Mohamed Fiad (UAE)
6:35 - 6:45 pm	Q/A & Chair Comments

INDUSTRY SYMPOSIUM (HILTON) | 6:00 - 6:45 PM

Chairs: Prof. Najmul Islam (Pak), Prof. Fawad Farooq (Pak), Dr Yousuf Kamal Mirza (Pak)
Moderator: Dr Hira Irfan (Pak)

Dapagliflozin: Redefining Diabetes Care - Dr Umar Yousaf Raja (Pak)
Q/A & Chair Comments

INAUGURAL SESSION | 6:55 - 07:30 PM

Moderator: Dr Sumerah Jabeen (Pak)

6:45 - 6:55 pm	Guests to be seated
6:55 - 7:00 pm	Tilawat
7:00 - 7:05 pm	National Anthem
7:05 - 7:20 pm	Address by Dr Aisha Sheikh - President, Pakistan Endocrine Society
7:20 - 7:30 pm	Address by Prof. Richard Quinton - Society for Endocrinology (UK)

SCIENTIFIC SESSION 1 | 7:30 - 9:00 PM ADVANCING PATIENT-CENTERED ENDOCRINE CARE

Chairs: Prof. A.H. Aamir (Pak), Prof. Saeed A. Mahar (Pak), Prof. Khurshid Khan (Pak)
Moderator: Dr Suleman Elahi Malik (Pak)

7:30 - 7:55 pm	Empowering Patients Through Structured Diabetes Education - Prof. Simon Heller (UK)
7:55 - 8:20 pm	Diabetes and Sexual Health - Prof. Richard Quinton (UK)
8:20 - 8:45 pm	Graves' Disease Cases - Prof. Hossein Gharib (USA) - 
8:45-9:00 pm	Q/A & Chair Comments

INDUSTRY SYMPOSIUM (NABIQASIM) | 9:00 - 9:30 PM

Chairs: Prof. Najmul Islam (Pak), Prof. A.H. Aamir (Pak), Dr Faisal Masood Qureshi (Pak)
Moderator: Dr Urooj Riaz (Pak)

9:05 - 9:25 pm	Debunk the Myth: Prioritize the management of Erectile Dysfunction; how to make the choice for right PDE5 Inhibitor - Prof. Khurshid Ahmad Khan (Pak)
9:25 - 9:30 pm	Q/A & Chair Comments

PES LIFETIME ACHIEVEMENT AWARD | 9:30 - 9:45 PM

Moderator: Dr Sumerah Jabeen (Pak)

PES WALL OF FAME / TUNNEL INAUGURATION (NABIQASIM) | 9:45 PM

INDUSTRY EXHIBITION FOLLOWED BY DINNER (HILTON)

CONTACT US



HALL GUIDE

HALL A (Marquee)

HALL B (Dilkusha)



CONFERENCE DAY 2 | 18TH OCT

INDUSTRY SYMPOSIUM AND BREAKFAST (NABIQASIM) 8:00 - 8:45 AM

Chairs: Prof. Qamar Masood (Pak), Prof. Tariq Waseem (Pak), Dr Arshad Hussain (Pak)

Moderator: Dr Ambreen Aslam (Pak)

8:05 - 8:35 am	New era in the management of the prevalent complication of Diabetes; Address better the Neuropathy - Dr Umar Yousaf Raja (Pak)
8:35 - 8:45 am	Q/A & Chair Comments
8:45 - 8:55 am	Guests to be seated

SCIENTIFIC SESSION 2 - PITUITARY | 9:00 - 10:15 AM

Chairs: Dr Sadia Salman (Pak), Dr Shahid Ahmad (Pak), Dr Asma Ahmed (Pak)

Moderator: Dr Wasfa Aijaz (Pak)

8:55 - 9:00 am	Tilawat
9:05 - 9:25 am	Pituitary Incidentalomas: Clinical Approach and Management Controversies - Prof. Khurshid Khan (Pak)
9:25 - 9:45 am	Arginine Vasopressin Disorders Demystified: A Practical Clinical Approach - Prof. Hiroshi Arima (Japan)
9:45 - 10:05 am	Diagnostic Challenges in Cushing's Disease: From Clinical Suspicion to Confirmation - Prof. Najmul Islam (Pak)
10:05 - 10:15 am	Q/A & Chair Comments
10:45 - 11:00 am	TEA

INDUSTRY SYMPOSIUM (HILTON) 10:15 - 10:45 AM

Chairs: Prof. Najmul Islam (Pak), Prof. Karim Kammeruddin (Pak), Prof. Iqbal Afridi (Pak)
Moderator: Dr Sardar Ali Khan (Pak)

10:20 - 10:40 am	Tadalafil - The Current of Life - Prof. Zaman Shaikh (Pak)
10:40 - 10:45 am	Q/A & Chair Comments

INDUSTRY SYMPOSIUM (TABROS) | 10:15 - 10:45 AM (IN COLLABORATION WITH LIPID FORUM OF PAKISTAN)

Chairs: Prof. Feroz Memon (Pak), Prof. Mansoor Ahmed (Pak), Prof. M. Nawaz Lashari (Pak)
Moderator: Prof. Jameel Ahmed (Pak)

Hyperlipidemia & Cardiometabolic Diseases - Dr Yousuf Kamal Mirza (Pak)
Q/A & Chair Comments

TEA (TABROS) | 10:45 - 11:00 AM

SCIENTIFIC SESSION 3 - REPRODUCTIVE ENDOCRINOLOGY 11:00 AM - 12:15 PM

Chairs: Prof. Sobia Sabir Ali (Pak), Dr Uneeba Syed (Pak), Dr Saira Furqan (Pak)
Moderator: Dr Shaista Kanwal (Pak)

11:05 - 11:25 am	Male Infertility: Endocrine Insights and Therapeutic Advances - Prof. Richard Quinton (UK)
11:25 - 11:45 am	PCOS: Emerging Evidence, Personalized Treatment, and Long-term Risks - Dr M. Ali Karamat (UK)
11:45 - 12:05 pm	Endocrine Disorders in Pregnancy: Achieving Optimal Outcomes - Prof. Fawad Ahmad Randhawa (Pak)
12:05 - 12:15 pm	Q/A & Chair Comments

SCIENTIFIC SESSION 4 - ADRENAL 11:00 AM - 12:15 PM

Chairs: Dr Osama Ishtiaq (Pak), Dr Zakir Alvi (Pak), Prof. Rauf Niazi (Pak)
Moderator: Dr Kashif Raashid (Pak)

Silent Signals: Tackling the Hidden Endocrine Causes of Hypertension - Dr Ibrar Ahmed (Pak)
Adrenal Incidentalomas: From Discovery to Decision-Making - Prof. Abdul Jabbar (UAE)
Challenges in glucocorticoid replacement in adrenal insufficiency - Prof. Karim Meeran (UK)
Q/A & Chair Comments

SMILE PROJECT UPDATE - DR ABBAS RAZA | 12:15 - 12:30 PM

SCIENTIFIC SESSION 5 | STATE-OF-THE ART LECTURE | 12:30 - 1:15 PM

Chairs: Prof. Abdul Basit (Pak), Prof. Jamal Raza (Pak), Dr Ahmed Iqbal (UK)
Moderator: Dr Sumera Batool (Pak)

12:30 - 1:00 pm	Hypoglycaemia in Type 1 Diabetes: Current Perspectives and Clinical Implications - Prof. Simon Heller (UK)
1:00 - 1:15 pm	Q/A & Chair Comments

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CONFERENCE DAY 2 | 18TH OCT

INDUSTRY SYMPOSIUM (GETZ) | 1:15 - 1:45 PM

Chairs: Prof. A.H. Aamir (Pak), Prof. Saad Khalid Niaz (Pak), Prof. Muhammad Irfan (Pak)
Moderator: Dr Erum Sohail (Pak)

1:20 - 1:40 pm	Harnessing the Power of Twincretins: A New Era in Metabolic Health - Dr Muhammad Hamed Farooqi (UAE)
1:40 - 1:45 pm	Q/A & Chair Comments

INDUSTRY SYMPOSIUM (ROCHE) | 1:15 - 1:45 PM

Chairs: Dr Aisha Sheikh (Pak), Dr Faisal Masood Qureshi (Pak), Dr Sumera Batool (Pak)
Moderator: Dr Asim Munir Alvi (Pak)

Unlocking Cardiac Risk in Diabetes: The Role of NT-proBNP in Early Detection and Management of Heart Failure in Type 2 Diabetes - Dr Bashir Hanif (Pak)
Q/A & Chair Comments

PRAYER BREAK & LUNCH (GETZ) | 1:45 - 2:30 PM

SCIENTIFIC SESSION 6 - THYROID | 2:30 - 3:45 PM

Chairs: Prof. Abdul Jabbar (UAE), Prof. Khadija Irfan (Pak), Dr Aisha Sheikh (Pak)
Moderator: Dr Sarwat Anjum (Pak)

2:35 - 2:55 pm	Subclinical Thyroid Disorders: Clinical Significance and When to Treat - Prof. Tasnim Ahsan (Pak)
2:55 - 3:15 pm	Thyroid Cancer Update in 2025 - Dr Hossein Gharib (USA) -
3:15 - 3:35 pm	Balancing Hormones for Two: Thyroid Health in Pregnancy and Its Double Impact - Dr Amena Moazzam (Pak)
3:35 - 3:45 pm	Q/A & Chair Comments

POSTER PRESENTATION | 2:30-3:45 PM

Judges:

Prof. Yakoob Ahmedani (Pak)
Prof. Musarrat Riaz (Pak)
Dr Arshad Hussain (Pak)
Dr. Sadia Salman (Pak)

INDUSTRY SYMPOSIUM (PHARMEVO) | 3:45 - 4:15 PM

Chairs: Prof. A.H. Aamir (Pak), Prof. Saeed A. Mahar (Pak), Dr Faisal Masood Qureshi (Pak)
Moderator: Dr Paras Imran (Pak)

3:50 - 4:10 pm	Future of Diabetes Care, From Finger Pricks to Real-Time Glucose Insights - Dr. Fawad Randhawa (Pak)
4:10 - 4:15 pm	Q/A & Chair Comments

INDUSTRY SYMPOSIUM (GSK) | 3:45 - 4:15 PM

Chairs: Prof. Musarrat Riaz (Pak), Dr Umar Yousaf Raja (Pak), Dr Saima Askari (Pak)
Moderator: Dr Erum Sohail (Pak)

Importance of adult immunization in patients with Diabetes Mellitus - Prof. Najmul Islam (Pak)
Q/A & Chair Comments

SCIENTIFIC SESSION 7: STATE OF THE ART LECTURE | 4:15 - 4:55 PM

Chairs: Dr Hamed Farooqi (UAE), Prof. Yakoob Ahmedani (Pak), Dr Nanik Ram (UAE)
Moderator: Dr Malik Fayyaz Hussain (Pak)

4:15 - 4:40 pm	Cardiac Autonomic Neuropathy - Dr Ahmed Iqbal (UK)
4:40 - 4:55 pm	Q/A & Chair Comments

CARDIOMETABOLIC FORUM - PANEL DISCUSSION | 4:30 - 5:15 PM

Panelists: Prof. Khawar Kazmi (Pak), Prof. Aasim Ahmad (Pak), Dr Amna Subhan Butt (Pak), Dr Asma Ahmed (Pak)
Moderator: Dr Adnan Zahid (Pak)

Tackling the burden of CRHM (Cardiovascular-Renal-Hepato-Metabolic) Syndrome: The Way Forward! - Dr Hannah Asghar (Pak)

INDUSTRY SYMPOSIUM (FEROZSONS) 4:55-5:30 PM

Chairs: Prof. Saeed A. Mahar (Pak), Dr Umar Yousaf Raja (Pak), Dr Muhammad Umar Wahab (Pak)
Moderator: Dr Mehwish Saeed (Pak)

5:20 - 5:30 pm	GLP-1 RAs - A Pathway to Comprehensive Metabolic Care - Dr Arshad Hussain (Pak)
5:00 - 5:20 pm	Q/A & Chair Comments

TEA (CELL LABORATORIES) | 5:30 PM

PES EXECUTIVE MEMBERS MEETING | 7:00- 8:00 PM

EXECUTIVE / SCIENTIFIC EXECUTIVE MEMBERS AND FACULTY DINNER (MACTER) | 8:30 PM

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CONTACT US

pakendosociety.org

endosocietyofpakistanofficial

admin@pakendosociety.org

pescon2025@gmail.com

+92 300 4856744



CONFERENCE DAY 3 | 19TH OCT

INDUSTRY SYMPOSIUM AND BREAKFAST (GETZ) | 8:00 - 09:00 AM

Chairs: Prof. Khadija Irfan (Pak), Prof. Sobia Sabir Ali (Pak), Prof. Rukshanda Jabeen (Pak)
Moderator: Dr Wasfa Aijaz (Pak)

8:05 - 8:35 am	Re-classifying Diabetes-Cluster Classification of Diabetes in a cohort of Pakistani Individuals - Prof. Tasnim Ahsan (Pak)
8:35 - 8:45 am	Q/A & Chair Comments
8:45 - 8:55 am	Guests to be seated
8:55 - 9:00 am	Tilawat

ENDOLYMPICS FINAL | 8:00 - 09:00 AM

Judges:

Dr Maliha Hameed (Pak)
Dr Suresh Kumar (Pak)
Dr M. Ali Karamat (UK)
Dr Ahmed Iqbal (UK)

ORAL PAPER PRESENTATIONS | 9:00 - 10:00 AM

Judges: Dr Fatema Jawad (Pak), Prof. Rehana Rehman (Pak), Dr Dina Shrestha (Nepal), Dr Osama Ishtiaq (Pak)

SCIENTIFIC SESSION 8 | DIABESITY | 10:00 - 11:00 AM (IN COLLABORATION WITH SOUTH ASIAN OBESITY FORUM & SOUTH ASIAN FEDERATION OF ENDOCRINE SOCIETIES)

Chairs: Prof. Javed Akram (Pak), Prof. Ali Jawa (Pak), Dr Abbas Raza (Pak), Dr Gulshad Hasan (Pak)
Moderator: Dr Mehwish Saeed (Pak)

10:05 - 10:25 am	Obesity: To treat or not to treat-A perspective from developing world - Prof. A.H. Aamir (Pak)
10:25 - 10:45 am	Holistic Approach of management of Obesity - Dr Dina Shrestha (Nepal)
10:45 - 11:00 am	Q/A & Chair Comments

TEA (SEARLE) | 11:00 AM

SCIENTIFIC SESSION 9 - BONE HEALTH | 11:15 AM - 12:40 PM

Chairs: Dr Aqiba Sarfraz (Pak), Dr Uzma Jahanzaib Malik (Pak), Dr Suresh Kumar (Pak)
Moderator: Dr Ali Raza Naqvi (Pak)

11:20 - 11:40 am	Osteoporosis in Premenopausal Women: Emerging Insights and Management Strategies - Dr Vivien Lim (Singapore)
11:40 - 12:00 pm	Vitamin D: Separating Evidence from Enthusiasm - Dr Hamed Farooqi (UAE)
12:00 - 12:25 pm	Case Discussion: Navigating Difficult Cases in Bone Health - Dr Vivien Lim (Singapore) and Dr Hammad Hussain (UAE)
12:25 - 12:40 pm	Q/A & Chair Comments

INDUSTRY SYMPOSIUM (SAMI & BIOTON S.A, EUROPE) | 12:40 - 1:10 PM

Chairs: Prof. Saeed A. Mahar (Pak), Dr M.A. Ebrahim (Pak), Dr Aisha Sheikh (Pak)
Moderator: Dr Uneeba Syed (Pak)

12:45 - 1:05 pm	Switching Smart: The Role of High-Quality Insulin in Improving Diabetes Outcomes - Prof. A.H. Aamir (Pak)
1:05 - 1:10 pm	Q/A & Chair Comments

GREAT DEBATE: SCALPEL VS SCOPE VS SYRINGE IN DIABESITY TREATMENT | 1:10 - 2:15 PM

Chairs: Prof. Zaman Shaikh (Pak), Dr Umar Yousaf Raja (Pak), Dr Sohail Anjum (Pak)
Moderator: Dr Sardar Shoaib Khan (Pak)

1:15 - 1:25 pm	Favouring GLP-1 Agonists: Prof. Rayaz A. Malik (Qatar)
1:25 - 1:35 pm	Favouring Laproscopic Bariatric Surgery: Dr Usama Iqbal (Pak)
1:35 - 1:45 pm	Favouring Endoscopic Bariatric Surgery: Dr Shahzad Riyaz (Pak)
1:45 - 2:00 pm	Rebuttal
2:00 - 2:15 pm	Q/A & Chair Comments

VOTE OF THANKS BY SCIENTIFIC & ORGANIZING CHAIRS | 2:15 PM

LUNCH (NABIQASIM) | 2:30 PM

PES GENERAL ASSEMBLY MEETING | 3:00 PM

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HALL B (Dilkusha)